

Under Philippine Vision Group (PVG) Inc

## Saliva Based RT-PCR Collection Instructions Manual

Test	Specimen Type	Specimen Volume	Transport and/or Storage Temperature
SARS Cov 2 (COVID-19)	Saliva	5ml	2-8°C

### PREPARATIONS:

1. Saliva will be collected with the assistance of an ISPS collection officer.
2. Before collection, clean hands using alcohol-based sanitizer or soap and water and don appropriate PPE.
3. Ensure all collection materials are labelled with the correct identifying information.
4. **No food, no drink, and no mouthwash at least 30 minutes before saliva collection.**

### PROCEDURES ON COLLECTION OF SALIVA SPECIMEN

1. **Complete the medical form that will be provided then begin pooling saliva in the mouth.** Saliva production can be stimulated by thinking about food or about the saliva collection itself. Bring up saliva from the back of the throat.
2. **Remove the lid of the collection container and gently expel saliva into the container until at least 5mL has been collected.** (If there's noticeable excess bubbles, cap the tube and tap down, and collect more saliva, to ensure optimal saliva volume). The whole process will be observed by the assigned specimen collector to ensure the source of the specimen.
3. **Close the tube and tightly secure the cap.**
4. **Submit the container to the ISPS collection officer.** The collection officer will label the tube with the patient's name, date, and time of collection.
5. The container will be wrapped with an absorbent pad and sealed in a plastic resealable bag labelled with the patient's name and date of birth. It will be placed in an ice box to maintain ideal storage conditions for the sample.
6. The sample will be transferred to the laboratory for processing and the patient's result will be provided via email.

